

## 2009-2010 WINTER SPORTS PRACTICE SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:00 - 4:30 pm	Varsity Girls		Varsity Cheerleading	3rd & 4th Girls	Varsity Girls
4:30 - 6:00 pm	Varsity Boys	J.V. Girls	J.V. Girls	K-2	5th Grade Girls
6:00 - 7:30 pm	J.V. Cheerleading	5th Grade Girls	5th Grade Boys	V.D.L. Boys	Boys Volleyball
7:30 - 9:00 pm	3rd & 4th Boys	Varsity Boys	Varsity Girls	Varsity Boys	3rd & 4th Grade Boys

TIME	SATURDAY
8:00 - 9:30 am	
9:30 - 11:00 am	Varsity Boys
11:00-12:30 pm	3rd & 4th Grade Boys
12:30 - 2:00 pm	3rd & 4th Grade Girls
2:00 - 3:30 pm	5th Grade Boys
3:30 - 5:00 pm	Varsity Girls
5:00 - 6:30 pm	J.V. Girls

TIME	SUNDAY
1:00 - 2:30 pm	5th Grade Girls
2:30 - 4:00 pm	J.V. Girls
4:30 - 5:30 pm	Varsity Girls
5:30 - 7:00 pm	5th Grade Boys

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